

**DOAA IBRAHIM AHMED OMAR, Ph.D.**

Associate Professor of Public Health, Preventive and Social Medicine,

Benha Faculty of Medicine, Benha University, Egypt.

Consultant of public health, Egyptian Medical Syndicate

Date of birth 15/3/1982

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**EDUCATION**

**Ph.D. of Public Health; Preventive and Social Medicine.** Benha Faculty of Medicine, Benha University, Egypt. December 2016. Thesis: assessment of health related quality of life in asthmatic children and their caregivers.

**M.Sc. of Public Health; Preventive and Social Medicine.** Benha Faculty of Medicine, Benha University, Egypt. Feb 2013. Thesis: knowledge, attitude and practice of breast self-examination of female workers in benha faculty of medicine. (Grade: Excellent).

**B.Sc. of Medicine and Surgery.** Benha Faculty of Medicine, Benha University, Egypt. December 2005. (Grade: Excellent with Honor).

**ACADEMIC & PROFESSIONAL EXPERIENCES**

**June 2023 (currently): Associate Professor of Public Health,** preventive and social medicine. Benha Faculty of Medicine, Benha University, Egypt

**October 2017-2022: Senior registrar of public health at Saudi MOH,** primary health care deputy general directorate of health programs and chronic diseases, older persons' health program

**December 2016: Assistant Professor** of Public Health, preventive and social medicine. Benha Faculty of Medicine, Benha University, Egypt

**Feb 2013 – December 2016: lecturer** in the Department of Community, Environmental, & Occupational Medicine. Benha Faculty of Medicine, Benha University, Egypt

**Aug 2007 – Feb 2013: Demonstrator then assistant lecturer** in the Department of Community, Environmental, & Occupational Medicine, Benha Faculty of Medicine, Benha University, Egypt

**Feb 2007– Aug 2007: GP** in a rural health unit in the Qalyubeya Governorate, Egypt, The Egyptian Ministry of Health

**March 2006 – Feb 2007: A house officer** in the Benha University Hospital.

**PUBLICATIONS**

- 1- **El-Gendi SD, Mostafa SA, Walli MH, Hassan OM, El-Awady MAA, Omar DIA. (2017):** Assessment of health-related quality of life in asthmatic children and their caregivers. *Int J Med Sci Public Health* 2017;6. Doi: 10.5455/ijmsph,0638206122016
- 2- **El-Gendy MF, El-Hady HM, Afify RHM, Omar DIA (2016):** Breast Self-Examination: Knowledge, Practice and Attitude Among A Group Of Working Females In Egypt. *RJPBCS*, 7(1) 488:498.
- 3- **Alhalafi A, Al-Amoud M, Aldahman R, Abd-Ellatif E, Omar D.** The Prevalence of Functional Disability and Associated Factors among Older People Attending Primary Health-care Centers in Riyadh City. *Open Access Maced J Med Sci*. 2021 Feb 05; 9(B):1-8. <https://doi.org/10.3889/oamjms.2021.6632>
- 4- **Omar, D., Hani, B., Abd-Ellatif, E.** Burnout among Physicians in Egypt during COVID-19 Pandemic. *The Egyptian Journal of Hospital Medicine*, 2021; 82(4): 599-608. doi: 10.21608/ejhm.2021.150385
- 5- **Omar DI, Amer SA.** Egyptian Public's Knowledge, Attitudes, Perceptions, and Practices toward COVID-19 Infection and Their Determinants. A CrossSectional Study, 2020. *Open Access Maced J Med Sci*. 2021 Apr 02; 9(E):250-259. <https://doi.org/10.3889/oamjms.2021.5797>
- 6- **Omar DI, Hani BM.** Attitudes and intentions towards COVID-19 vaccines and associated factors among Egyptian adults. *J Infect Public Health*. 2021 Oct;14(10):1481-1488. doi: 10.1016/j.jiph.2021.06.019. Epub 2021 Jul 3. PMID: 34247946; PMCID: PMC8253692.
- 7- **Al-Amoud MM, Alomary SA, Omar DI, Aldahman RA.** Evaluation of older people health passport implementation at primary health care centers in Saudi Arabia. *Saudi Med J*. 2021 Oct;42(10):1125-1135. doi: 10.15537/smj.2021.42.10.20210457. PMID: 34611008.
- 8- **Omar D I; Hassan O M; Hani B M.** "SLEEP QUALITY AND ITS DETERMINANTS AMONG NURSES DURING COVID- 19 PANDEMIC". *Egyptian Journal of Occupational Medicine*, 46, 1, 2022, 75-92. doi: 10.21608/ejom.2021.82911.1239
- 9- **Amer SA, Bahumayim A, Shah J, Aleisa N, Hani BM and Omar DI (2022)** Prevalence and Determinants of Mobile Health Applications Usage: A National Descriptive Study. *Front. Public Health* 10:838509. doi: 10.3389/fpubh.2022.838509.

10- **Doaa I. Omar, Samar A. Amer, and Abeer E Abdelmaksoud.** Fear of COVID-19 and Stress and Coping Strategies among Nurses during the COVID-19 Pandemic's Second Wave: A Quasi-Intervention Study. *Clinical Practice & Epidemiology in Mental Health*, 2023, Volume 19 3, DOI: 10.2174/18740179-v18-e221221-2022-2, 2023, 19, e174501792212200

11- **Maysoon M. Al-Amoud, , Doaa I. Omar, Eman N. Almashjary, Shaker A. Alomary.** Morbidity profile among older people at primary health care centers in Saudi Arabia during the period 2012-2020. *Saudi Med J* 2023; Vol. 44 (1): 45-56 doi: 10.15537/smj.2023.44.1.20220465

12- **Shoula, A., M El Hady, H., M. Abd El-Wahab, S., Ibrahim, E., & I Omar, D.** (2025). Self Medication Practice Among Benha University Students (A Comparative Study). *Benha Medical Journal*, (), -. doi: 10.21608/bmfj.2025.349750.2309

13- **Shoula, A., Hashim, H., Abd El-Wahab, S., El-Affify, E., Omar, D.** Exploring Rational Use of Medicine, Self-Medication Beliefs, and Practices Among University Students: A Cross-Sectional Study. *The Egyptian Journal of Community Medicine*, 2025; (): -. doi: 10.21608/ejcm.2025.421963.1458

14- **AlHarthi, H., Bilal, A., AlMalki, H., Alzahrani, F., Ibrahim, A., Hussein, H., Abdel-fattah, M., Omar, D., and Dewir, I. (2025).** Variations in pain, disability, and psychosocial functioning among non-specific chronic low back pain patients with and without anxiety. *Advances in Rehabilitation*, 39(1), pp.33-45. <https://doi.org/10.5114/areh.2025.146633>

### CURRENT JOB STATUS

- Associate professor of public health
- Scientific researcher
- Coordinator of different courses of community medicine
- Teaching community medicine and public health courses to undergraduate students
- Teaching statistics training courses to postgraduate students.
- Member of the Research Ethics Committee at Benha Faculty Of Medicine .
- Supervise research studies of postgraduate students.

### CURRENT REASEARCH ACTIVITIES

Currently working on:

- Stigma against monkeypox and associated factors (a multi-national study)
- Quality of life among hypertensive patients at Saudi Arabia

### TRAINING COURSES, WORKSHOPS AND CONFERENCES

- The Saudi Waqar Association Conference for Supporting the Elderly in Saudi Arabia, March 4-5, 2019

- The electronic course on bio-research ethics at King Abdulaziz City for Science and Technology, Saudi Arabia, on 8/7/2019
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- WHO course for about 14 weeks (Healthy aging for impact in the 21st century) starting from April 22,2020
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- (Global Best Practices Workshop for Age-Friendly Cities) Virtual 23/5/2021
- Virtual conference future leaders in the health sector future healthcare leaders forum 23-24/10/2021
- Basics of digital transformation training course
- Question banks and electronic tests training course
- Strategic planning training course
- organizing conferences Training course

## **LANGUAGES**

Arabic (Natively)

English (Fluent reading, writing and speaking)

## **COMPUTER AND STATISTICAL SKILLS**

Expert in statistical analysis using SPSS version 25