

DOAA IBRAHIM AHMED OMAR, Ph.D.

Associate Professor of Public Health, Preventive and Social Medicine,
Benha Faculty of Medicine, Benha University, Egypt.

Consultant of public health, Egyptian Medical Syndicate

Date of birth 15/3/1982

Marital status: Married

Mob: 01101020404

Email: doaa.omar@fmed.bu.edu.eg

,doaaibrahim8282@yahoo.com

EDUCATION

□ **Ph.D. of Public Health; Preventive and Social Medicine.** Benha Faculty of Medicine, Benha University, Egypt. December 2016. Thesis: assessment of health related quality of life in asthmatic children and their caregivers.

□ **M.Sc. of Public Health; Preventive and Social Medicine.** Benha Faculty of Medicine, Benha University, Egypt. Feb 2013. Thesis: knowledge, attitude and practice of breast self-examination of female workers in benha faculty of medicine. (Grade: Excellent).

□ **B.Sc. of Medicine and Surgery.** Benha Faculty of Medicine, Benha University, Egypt. December 2005. (Grade: Excellent with Honor).

ACADEMIC & PROFESSIONAL EXPERIENCES

□ **June 2023 (currently): Associate Professor of Public Health,** preventive and social medicine. Benha Faculty of Medicine, Benha University, Egypt

□ **October 2017-2022: Senior registrar of public health at Saudi MOH,** primary health care deputy general directorate of health programs and chronic diseases, older persons' health program

□ **December 2016: Assistant Professor** of Public Health, preventive and social medicine. Benha Faculty of Medicine, Benha University, Egypt

□ **Feb 2013 – December 2016: lecturer** in the Department of Community, Environmental, & Occupational Medicine. Benha Faculty of Medicine, Benha University, Egypt

□ **Aug 2007 – Feb 2013: Demonstrator then assistant lecturer** in the Department of Community, Environmental, & Occupational Medicine, Benha Faculty of Medicine, Benha University, Egypt

□ **Feb 2007– Aug 2007: GP** in a rural health unit in the Qalyubeya Governorate, Egypt, The Egyptian Ministry of Health

□ **March 2006 – Feb 2007: A house officer** in the Benha University Hospital.

PUBLICATIONS

- 1- **El-Gendi SD, Mostafa SA, Walli MH, Hassan OM, El-Awady MAA, Omar DIA. (2017):** Assessment of health-related quality of life in asthmatic children and their caregivers. *Int J Med Sci Public Health* 2017;6. Doi: 10.5455/ijmsph.0638206122016
- 2- **El-Gendy MF, El-Hady HM, Afify RHM, Omar DIA (2016):** Breast Self-Examination: Knowledge, Practice and Attitude Among A Group Of Working Females In Egypt. *RJPBCS*, 7(1) 488:498.
- 3- **Alhalafi A, Al-Amoud M, Aldahman R, Abd-Ellatif E, Omar D.** The Prevalence of Functional Disability and Associated Factors among Older People Attending Primary Health-care Centers in Riyadh City. *Open Access Maced J Med Sci*. 2021 Feb 05; 9(B):1-8. <https://doi.org/10.3889/oamjms.2021.6632>
- 4- **Omar, D., Hani, B., Abd-Ellatif, E.** Burnout among Physicians in Egypt during COVID-19 Pandemic. *The Egyptian Journal of Hospital Medicine*, 2021; 82(4): 599-608. doi: 10.21608/ejhm.2021.150385
- 5- **Omar DI, Amer SA.** Egyptian Public's Knowledge, Attitudes, Perceptions, and Practices toward COVID-19 Infection and Their Determinants. A CrossSectional Study, 2020. *Open Access Maced J Med Sci*. 2021 Apr 02; 9(E):250-259. <https://doi.org/10.3889/oamjms.2021.5797>
- 6- **Omar DI, Hani BM.** Attitudes and intentions towards COVID-19 vaccines and associated factors among Egyptian adults. *J Infect Public Health*. 2021 Oct;14(10):1481-1488. doi: 10.1016/j.jiph.2021.06.019. Epub 2021 Jul 3. PMID: 34247946; PMCID: PMC8253692.
- 7- **Al-Amoud MM, Alomary SA, Omar DI, Aldahman RA.** Evaluation of older people health passport implementation at primary health care centers in Saudi Arabia. *Saudi Med J*. 2021 Oct;42(10):1125-1135. doi: 10.15537/smj.2021.42.10.20210457. PMID: 34611008.
- 8- **Omar D I; Hassan O M; Hani B M.** "SLEEP QUALITY AND ITS DETERMINANTS AMONG NURSES DURING COVID- 19 PANDEMIC". *Egyptian Journal of Occupational Medicine*, 46, 1, 2022, 75-92. doi: 10.21608/ejom.2021.82911.1239
- 9- **Amer SA, Bahumayim A, Shah J, Aleisa N, Hani BM and Omar DI (2022)** Prevalence and Determinants of Mobile Health Applications Usage: A National Descriptive Study. *Front. Public Health* 10:838509. doi: 10.3389/fpubh.2022.838509.

- 10- **Doaa I. Omar, Samar A. Amer, and Abeer E Abdelmaksoud.** Fear of COVID-19 and Stress and Coping Strategies among Nurses during the COVID-19 Pandemic's Second Wave: A Quasi-Intervention Study. *Clinical Practice & Epidemiology in Mental Health*, 2023, Volume 19 3, DOI: 10.2174/18740179-v18-e221221-2022-2, 2023, 19, e174501792212200
- 11- **Maysoon M. Al-Amoud, , Doaa I. Omar, Eman N. Almashjary, Shaker A. Alomary.** Morbidity profile among older people at primary health care centers in Saudi Arabia during the period 2012-2020. *Saudi Med J* 2023; Vol. 44 (1): 45-56 doi: 10.15537/smj.2023.44.1.20220465
- 12- **Shoulah, A., M El Hady, H., M. Abd El-Wahab, S., Ibrahim, E., & I Omar, D.** (2025). Self Medication Practice Among Benha University Students (A Comparative Study). *Benha Medical Journal*, (), -. doi: 10.21608/bmfj.2025.349750.2309
- 13- **Shoulah, A., Hashim, H., Abd El-Wahab, S., El-Afify, E., Omar, D.** Exploring Rational Use of Medicine, Self-Medication Beliefs, and Practices Among University Students: A Cross-Sectional Study. *The Egyptian Journal of Community Medicine*, 2025; (); -. doi: 10.21608/ejcm.2025.421963.1458
- 14- **AlHarthi, H., Bilal, A., AlMalki, H., Alzahrani, F., Ibrahim, A., Hussein, H., Abdel-fattah, M., Omar, D., and Dewir, I. (2025).** Variations in pain, disability, and psychosocial functioning among non-specific chronic low back pain patients with and without anxiety. *Advances in Rehabilitation*, 39(1), pp.33-45. <https://doi.org/10.5114/areh.2025.146633>

CURRENT JOB STATUS

- Associate professor of public health
- Scientific researcher
- Coordinator of different courses of community medicine
- Teaching community medicine and public health courses to undergraduate students
- Teaching statistics training courses to postgraduate students.
- Member of the Research Ethics Committee at Benha Faculty Of Medicine .
- Supervise research studies of postgraduate students.

CURRENT REASEARCH ACTIVITIES

Currently working on:

- Stigma against monkeypox and associated factors (a multi-national study)
- Quality of life among hypertensive patients at Saudi Arabia

TRAINING COURSES, WORKSHOPS AND CONFERENCES

- The Saudi Waqar Association Conference for Supporting the Elderly in Saudi Arabia, March 4-5, 2019

- The electronic course on bio-research ethics at King Abdulaziz City for Science and Technology, Saudi Arabia, on 8/7/2019
-
- WHO course for about 14 weeks (Healthy aging for impact in the 21st century) starting from April 22,2020
-
- (Global Best Practices Workshop for Age-Friendly Cities) Virtual 23/5/2021
- Virtual conference future leaders in the health sector future healthcare leaders forum 23-24/10/2021
- Basics of digital transformation training course
- Question banks and electronic tests training course
- Strategic planning training course
- organizing conferences Training course

LANGUAGES

Arabic (Natively)

English (Fluent reading, writing and speaking)

COMPUTER AND STATISTICAL SKILLS

☐ Expert in statistical analysis using SPSS version 25